

RFA-

2025-0024

Date Recv' d 2-11-2025

**REDBUD HEALTH CARE DISTRICT
REQUEST FOR ASSISTANCE (REA)**
(Please Type or Print All Information)

1. Subject of Request

Safety and Equipment Enhancements for Youth Sports & Outdoor Programs

(Starting Date For New Programs)

**Flag football- March-May / Spring and summer arts and clinics & camps-
March-Sept / Football and Cheer-July-Oct / Wrestling-Sept-May (year
round) / Basketball-Dec-Feb**

2. Requesting Organization

North Shore Youth Club

3. Street Address

PO Box 822, Upper Lake, CA 95485

City _____ Zip

Telephone

(707)245-6888

Web Site: www.northshoreyouthclub.org

E-Mail: northshoreyouthclub@gmail.com,
nyc.athleticsdirector@gmail.com

4. Individual Accountable For Funds:

Name: **Mike Smith**

Title: **NYC Board President**

Amount requested: **\$37,000** (S) Grant Period: **2025**

5. Background And Basic Information Regarding Organization

(Use additional pages, as necessary, to fully describe information required)

North Shore Youth Club (NYC) serves 300-500 youth in Lake County, CA, providing diverse recreational, athletic, and educational programs. We offer football, flag football, basketball, cheerleading, wrestling, photography, outdoor programs, sports clinics, and camps. Our mission is to promote teamwork, discipline, confidence, and health while ensuring safety and inclusivity for all participants.

Southshore Area Participation (Current Numbers by Sport & Activity):

Football: 12-15 kids (3 teams)

Basketball: 10 kids

Cheer: 11 girls

Wrestling: 5 kids

Outdoor & Photography: 25 participants (including Hunter's Safety & First Aid Training)

Total youth involvement: 300-500 youth across all programs

6. Justification

(Use additional pages, as necessary, to fully describe information required)

This grant is critical for safety improvements, injury prevention, and program expansion across multiple sports and activities. With growing participation in full-contact sports, clinics, and camps, our organization needs proper protective equipment, updated training resources, and first-aid materials to maintain a safe and structured environment.

6.1 Intended Use of Funds In Detail

Funding will be allocated for new safety equipment, essential sports gear, and outdoor training materials across all programs:

Football & Flag Football

Guardian Caps for Helmets (40 units) (reduces impact/concussion risks)

Tackle & Flag Football Sets (flags, belts, soft-shell helmets for flag football safety)

Shoulder Pads & Mouthguards

Tackling Dummies & Blocking Sleds (teaches proper tackling form to prevent injuries)

Basketball

Knee & Ankle Braces (injury prevention during games & training)

Impact-Resistant Wall Padding (for safer indoor play)

First-Aid Kits & Cooling Pads

Cheerleading

Tumbling Mats & Spotting Equipment (fall prevention during stunts)

Supportive Cheer Shoes (reduces risk of foot/ankle injuries)

Spotting Belts & Harnesses (for safe aerial stunts & formations)

Wrestling

Protective Headgear & Knee Pads

Sanitization Equipment (prevents skin infections)

Padded Mats for Safe Training

Outdoor Club & Photography

Weather-Resistant Camera Cases (protects equipment during outdoor shoots)

Reflective Safety Vests & Emergency Whistles (for safe field activities)

First Aid Kits & Survival Gear (for outdoor & hunter safety programs)

Sports Clinics & Camps

Portable AED Defibrillator (for emergency response at events & camps)

Sports Training Equipment (cones, agility ladders, resistance bands, & hydration stations)

Camp Tents & Sleeping Bags (for outdoor overnight experiences)

6.2 How Intended Use Of Funds Will Further Delivery Of Health Care Services Within Redbud Health Care District:

This funding will:

Prevent serious injuries through improved protective gear.

Ensure safer participation in sports, reducing hospital visits.

Provide first-aid resources for quick emergency response.

Promote overall youth health through active engagement in structured programs.

6.3 Detailed Basis for Funds Requested:

Item	Estimated Cost
Guardian Caps for Football Helmets (40 units)	\$4,000
Football Helmets & Shoulder Pads	\$4,500
Tackle & Flag Football Equipment	\$2,000
Tackling Dummies & Blocking Sleds	\$3,000
Basketball Safety Gear (Braces, Wall Padding, First Aid Kits)	\$2,500
Cheerleading Mats & Spotting Equipment	\$3,500
Cheer Shoes & Spotting Belts	\$1,500
Wrestling Headgear, Knee Pads & Mats	\$2,000
Sanitization Equipment for Wrestling & Shared Gear	\$1,000
Outdoor Club Safety Gear (First Aid Kits, Reflective Vests, Emergency Whistles)	\$2,000
Weather-Resistant Camera Cases for Photography Club	\$1,200
Portable AED Defibrillator for Clinics & Camps	\$3,000
Sports Training Equipment (Agility Ladders, Cones, Resistance Bands, Hydration Stations)	\$2,500
Camp Tents & Sleeping Bags for Outdoor Programs	\$2,500

Item

**Estimated
Cost**

TOTAL AMOUNT REQUESTED

\$37,700