

RFA-

2025-0024

Date Recv' d 2-11-2025

REDBUD HEALTH CARE DISTRICT  
REQUEST FOR ASSISTANCE (REA)

(Please Type or Print All Information)

1. Subject of Request

**Safety and Equipment Enhancements for Youth Sports & Outdoor Programs**

(Starting Date For New Programs)

**Flag football- March-May / Spring and summer arts and clinics & camps-  
March-Sept / Football and Cheer-July-Oct / Wrestling-Sept-May (year  
round) / Basketball-Dec-Feb**

2. Requesting Organization

**North Shore Youth Club**

3. Street Address

**PO Box 822, Upper Lake, CA 95485**

City \_\_\_\_\_ Zip

Telephone  
(707)245-6888

Web Site: [www.northshoreyouthclub.org](http://www.northshoreyouthclub.org)

E-Mail: [northshoreyouthclub@gmail.com](mailto:northshoreyouthclub@gmail.com),  
[nyc.athleticsdirector@gmail.com](mailto:nyc.athleticsdirector@gmail.com)

4. Individual Accountable For Funds:

Name: **Mike Smith**

Title: **NYC Board President**

Amount requested:     **\$37,000**                   (S)     Grant Period: **2025**

5. Background And Basic Information Regarding Organization

(Use additional pages, as necessary, to fully describe information required)

**North Shore Youth Club (NYC) serves 300-500 youth in Lake County, CA, providing diverse recreational, athletic, and educational programs. We offer football, flag football, basketball, cheerleading, wrestling, photography, outdoor programs, sports clinics, and camps. Our mission is to promote teamwork, discipline, confidence, and health while ensuring safety and inclusivity for all participants.**

**Southshore Area Participation (Current Numbers by Sport & Activity):**

**Football: 12-15 kids (3 teams)**

**Basketball: 10 kids**

**Cheer: 11 girls**

**Wrestling: 5 kids**

**Outdoor & Photography: 25 participants (including Hunter's Safety & First Aid Training)**

**Total youth involvement: 300-500 youth across all programs**

## 6. Justification

(Use additional pages, as necessary, to fully describe information required)

**This grant is critical for safety improvements, injury prevention, and program expansion across multiple sports and activities. With growing participation in full-contact sports, clinics, and camps, our organization needs proper protective equipment, updated training resources, and first-aid materials to maintain a safe and structured environment.**

### 6.1 Intended Use of Funds In Detail

**Funding will be allocated for new safety equipment, essential sports gear, and outdoor training materials across all programs:**

#### **Football & Flag Football**

Guardian Caps for Helmets (40 units) (reduces impact/concussion risks)

Tackle & Flag Football Sets (flags, belts, soft-shell helmets for flag football safety)

Shoulder Pads & Mouthguards

Tackling Dummies & Blocking Sleds (teaches proper tackling form to prevent injuries)

#### **Basketball**

Knee & Ankle Braces (injury prevention during games & training)

Impact-Resistant Wall Padding (for safer indoor play)

First-Aid Kits & Cooling Pads

#### **Cheerleading**

Tumbling Mats & Spotting Equipment (fall prevention during stunts)

Supportive Cheer Shoes (reduces risk of foot/ankle injuries)

Spotting Belts & Harnesses (for safe aerial stunts & formations)

#### **Wrestling**

Protective Headgear & Knee Pads

Sanitization Equipment (prevents skin infections)

Padded Mats for Safe Training

#### **Outdoor Club & Photography**

Weather-Resistant Camera Cases (protects equipment during outdoor shoots)

Reflective Safety Vests & Emergency Whistles (for safe field activities)

First Aid Kits & Survival Gear (for outdoor & hunter safety programs)

#### **Sports Clinics & Camps**

Portable AED Defibrillator (for emergency response at events & camps)

Sports Training Equipment (cones, agility ladders, resistance bands, & hydration stations)

Camp Tents & Sleeping Bags (for outdoor overnight experiences)

**6.2 How Intended Use Of Funds Will Further Delivery Of Health Care Services Within Redbud Health Care District:**

**This funding will:**

Prevent serious injuries through improved protective gear.

Ensure safer participation in sports, reducing hospital visits.

Provide first-aid resources for quick emergency response.

Promote overall youth health through active engagement in structured programs.

**6.3 Detailed Basis for Funds Requested:**

<b>Item</b>	<b>Estimated Cost</b>
<b>Guardian Caps for Football Helmets (40 units)</b>	\$4,000
<b>Football Helmets &amp; Shoulder Pads</b>	\$4,500
<b>Tackle &amp; Flag Football Equipment</b>	\$2,000
<b>Tackling Dummies &amp; Blocking Sleds</b>	\$3,000
<b>Basketball Safety Gear (Braces, Wall Padding, First Aid Kits)</b>	\$2,500
<b>Cheerleading Mats &amp; Spotting Equipment</b>	\$3,500
<b>Cheer Shoes &amp; Spotting Belts</b>	\$1,500
<b>Wrestling Headgear, Knee Pads &amp; Mats</b>	\$2,000
<b>Sanitization Equipment for Wrestling &amp; Shared Gear</b>	\$1,000
<b>Outdoor Club Safety Gear (First Aid Kits, Reflective Vests, Emergency Whistles)</b>	\$2,000
<b>Weather-Resistant Camera Cases for Photography Club</b>	\$1,200
<b>Portable AED Defibrillator for Clinics &amp; Camps</b>	\$3,000
<b>Sports Training Equipment (Agility Ladders, Cones, Resistance Bands, Hydration Stations)</b>	\$2,500
<b>Camp Tents &amp; Sleeping Bags for Outdoor Programs</b>	\$2,500

**Item**

**Estimated  
Cost**

**TOTAL AMOUNT REQUESTED**

**\$37,700**

501 (c) ID# 83-4385764

**Northshore Youth Club Sports Equipment & Safety Budget**

**Total Budget: \$20,750.00**

<b>Category</b>	<b>Item Description</b>	<b>Quantity</b>	<b>Unit Price</b>	<b>Total Cost</b>
<b>Youth Football</b>	Helmets	25	\$150	\$3,750
	Shoulder Pads	20	\$100	\$2,000
	Jerseys & Pants	20	\$50	\$1,000
	Mouthguards & Misc. Protective Gear	-	-	\$500
	Footballs & Training Equipment	-	-	\$500
<b>Youth Basketball</b>	Basketballs	20	\$40	\$800
	Team Jerseys	40	\$30	\$1,200
	Knee Pads & Ankle Braces	-	-	\$500
	Portable Basketball Hoops	2	\$750	\$1,500
	Training Cones & Rebounders	-	-	\$500
<b>Youth Wrestling</b>	Wrestling Mats	1 set	-	\$2,500
	Headgear	20	\$50	\$1,000

	Singlets	20	\$25	\$500
<b>Summer Athletic Camps</b>	Multi-Sport Training Equipment	-	-	\$1,500
	Camp Shirts	100	\$10	\$1,000
	Hydration Stations & First Aid Kits	-	-	\$500
	Facility Rentals & Misc. Costs	-	-	\$500
<b>General Safety &amp; Miscellaneous</b>	First Aid Kits & AED Supplies	-	-	\$500
	Additional Protective Gear	-	-	\$500
<b>Total Allocation</b>		-	-	<b>\$20,750.00</b>