

RFA - 2024-0014
Date Recv'd 12/7/23

REDBUD HEALTH CARE DISTRICT
REQUEST FOR ASSISTANCE (RFA)
(Please Type or Print All Information)

1. Subject of Request social development club requesting support
(Starting Date For New Programs) _____
2. Requesting Organization Lower Lake High School Club Amigos
3. Street Address 9430 Lake Street
City Lower Lake CA. Zip 95457
Telephone (707)994-6471 ext. 3704
Web Site _____
E-Mail mari.valdez@konoctiusd.org
4. Individual Accountable For Funds: Name Mari Valdez
Title Club Advisor
5. Amount Requested (\$) 500.00 Grant Period 2024
6. Background And Basic Information Regarding Organization * Please view the following attachment for #6 and #7.
(Use additional pages, as necessary, to fully describe information required)
7. Justification
(Use additional pages, as necessary, to fully describe information required)
- 7.1 Intended Use Of Funds In Detail

**7.2 How Intended Use Of Funds Will Further Delivery Of Health Care Services
Within Redbud Health Care District**

7.3 Detailed Basis For Funds Requested

6. Background and Basic Information Regarding Organization

Club Amigos is a Lower Lake High School Club that was established upon the return of students (from COVID) to Lower Lake High School in-person. We understood that upon their return, students may feel lost and confused after having been isolated for at least two years. This prompted the creation of the Club Amigos, in attempts to create a safe and welcoming place for cross-cultural students, while also providing them with physical and social activities.

7. Justification

7.1 Intended Use of Funds in Detail

The total price of the outing to Six Flags Discovery Kingdom Education Days on May 17, 2024 totals \$1,087.30. This includes entry fee, parking fee, meal deals, and refillable drinks. We always include the meal deals and drinks, as we know many of our students come from low-income homes, and they may not all be able to afford the costly prices of a meal and drink at an amusement park.

7.2 How Intended Use of Funds Will Further Delivery of Health Care Services Within Redbud Health Care District

Lower Lake High School is currently in the process of trying to become a certified Blue Zones environment. By partnering with Club Amigos, this sponsorship would showcase the strong collaboration between our local hospital with the high school and Latino community. Research shows that social connectedness leads to better health, longer lives, and improved overall well-being. Research also shows that increasing your activity levels (walking for an extended period of time) activates the lymphatic system, eliminates toxins, fights infections, and strengthens immunity; therefore decreasing the number of doctor visits required due to illness.

7.3 Detailed Basis For Funds Requested

We are requesting funding for this particular outing because we want to keep our students feeling emotionally and physically safe. Due to some language barriers, not all students feel comfortable attending Sober Grad. By offering this opportunity to our students to attend Six Flags Discovery Kingdom Education Day, we continue building community with our graduating seniors in a healthy and culturally inclusive way. The outing offers the students additional quality time, creates happy memories, alleviates stress, lightens up the mood, builds self-confidence, creates a sense of belonging, gets them off of their cell phones for the day and walking. Aside from all the cardiovascular benefits of this outing (fighting against heart disease and obesity), many of our students have never been outside of Lake County. It will provide them the opportunity to explore new environments, develop trust, and empathy; by exposing them to a world outside their own. They are able to develop insight into different way of life by interacting with their peers and the general public at the park.

EDUCATION DAYS

WE INVITE YOU AND YOUR CLASS TO ENJOY THE DAY IN ONE OF THE BIGGEST OUTDOOR CLASSROOMS IN SOUTHERN CALIFORNIA.

PHYSICS DAYS

MARCH 15 & 26

TICKETS ONLY
\$29.99 PER PERSON
 SAVE 56% OVER

MATH & SCIENCE DAYS

MARCH 28 & MAY 17

TICKETS




3 EASY WAYS TO ORDER

- Order Online at sixflags.com
- Complete and mail in the order form below
- Call Group Sales: 661-255-4501

CHAPERONE PERKS
 One Free Ticket with every 10 tickets purchased in advance, plus a FREE ticket for the organizer.

PURCHASE TOO MANY TICKETS?
 Simply return your unused tickets and we will replace with tickets valid through 7/1/14.

EVENTS



EDUCATIONAL ACTIVITIES

- Student Olympics
- Special Projects
- Awards & Contests

ACTIVITIES FOR STUDENTS
 Master the math & science of our coasters and compete in our Paper Airplane, Large Barge, and Projectile Motion competitions. Each provides hands-on learning experiences.

LEARN MORE
 Special Event details can be found at sixflags.com/magicmountain

ADD-ONS



PACKAGES

- Meal Deal & Snack Vouchers
- Kodak Souvenir Photo
- Refillable Souvenir Sports Bottle

MEAL DEAL VOUCHERS
 Choose between a 3 piece chicken tender basket, cheeseburger basket, pizza meal, hot dog basket, deli sandwich, or salad option. All include a regular drink.

Snack vouchers include your choice of a regular size Dipp 'n' Dots, one Like-It-Size Cold Stone Creamery, or two cinnamon Churros.

Locations to redeem are listed on the vouchers.



THRILL CAPITAL OF THE WORLD

2014 SIX FLAGS MAGIC MOUNTAIN EDUCATION DAY(S) ORDER FORM

SCHOOL NAME: Lower Lake High
 CITY / STATE / ZIP: Lower Lake, CA 95457
 TEACHER OR ORGANIZER NAME: Mari Valdez
 STREET ADDRESS: 9430 Lake Street
 SCHOOL PHONE: (707) 994-6471 ext. 2704
 EMAIL: mari.valdez@konacti.usd.org

Send me updates, discounts and special offers from the park. (Email will not be shared or sold.)

PAYMENT INFORMATION

CHECK OR MONEY ORDER ENCLOSED MAKE CHECKS PAYABLE TO: SIX FLAGS MAGIC MOUNTAIN AMOUNT \$

PLEASE CHARGE TO: AM EX DISCOVER MASTER CARD VISA

CARD NO: EXP. DATE CVC CODE ZIP CODE

SIGNATURE: PRINT NAME AS APPEARS ON CARD

TICKET TYPE	PRICE PER TICKET	HOW MANY	TOTAL
Physics Day - Saturday, March 15	\$29.99		
Physics Day - Wednesday, March 26	\$29.99		
Math/Science - Friday, March 28	\$29.99		
Math/Science - Saturday, May 17	\$29.99	20	599.80
Meal Deal Vouchers	\$12.00	20	240.00
Souvenir Refillable Sports Bottle	\$10.00	20	200.00
Snack Vouchers	\$5.00		
Kodak Souvenir Photo	\$3.27		
Processing Fee			\$7.50
TOTAL			1047.30

SAVE TIME WHEN YOU ORDER ONLINE VISIT SIXFLAGS.COM/MAGICMOUNTAIN

MAIL FORM TO: ATTN: EDUCATION DAYS

PROUDLY ACCEPTED HERE

+ 40 parking
 4/11/14



COUNTY OF LAKE,
PUBLIC HEALTH

COMMUNITY HEALTH
NEEDS ASSESSMENT

Health Risk Behaviors

COMMUNITY VOICES

- The community is seen as the poorest and unhealthiest county in California by some residents.
- There is a worry that kids are picking easy and unhealthy items to eat like chips, soda, donuts, and energy drinks.
- Excessive screen time is seen as a problem for many kids.
- Several residents said that marijuana and over-the-counter medicines are a problem. Parents expressed needing education about different drugs to know what to look for, sharing concerns that even things like Tylenol can be misused.
- There is a belief that there are high rates of suicide, alcohol use and drug use in this community.
- Kids not eating healthily in school and families not eating together are seen as problems.

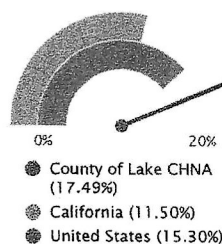


Today, Medicare beneficiaries in our Lake County service area experience substance use disorder at a much higher rate than the rest of the state. Kids of all ages can easily access unhealthy foods such as soda, donuts and chips, and smoking rates are well over the state average. Additionally, statistics show that nearly 15% of infants born in this community have low birth weights, setting the stage for future – and very real – health concerns.

Communities hold the potential for creating opportunities for all. Over time, collective, community-driven changes will give way to healthier environments, activities, attitudes and life-changing engagements.

SECONDARY DATA INFOGRAPHIC STATS:

Percentage of Adults who are Current Smokers



Percentage of Medicare Beneficiaries with a Drug or Substance Use Disorder

